Allotment soils – keeping them healthy



Matt Aitkenhead



What IS soil?



Soil is:

- Solid, liquid, gas and life
- Formed by numerous processes acting on geological materials
- A highly complex environment
- The boundary where atmosphere, hydrosphere and geosphere meet and combine







What is healthy soil (I)?





What do we mean by healthy?

- Resilient?
- Productive?
- Flexible (multipurpose)?

What defines healthy soil?

- Biologically active
- Structured
- Contains organic matter
- Components in equilibrium



What is healthy soil (II)?





Where is the healthy soil?



What is healthy soil (III)?





This soil is not resilient, productive or flexible – but it is healthy!



What is unhealthy soil (I)?







What do we mean by unhealthy?

- Sensitive to disturbance
- Low productivity?
- Low functionality?

What defines unhealthy soil?

- Reduced biological activity
- Degraded structure
- Low organic content
- Contaminated/disturbed

Wikimedia Commons



What is unhealthy soil (II)?







If left to itself, soil will generally be:

- Healthy
- In equilibrium with its environment
 It may not be productive
 It may not be useful for a desired function

Unhealthy soil is caused by:

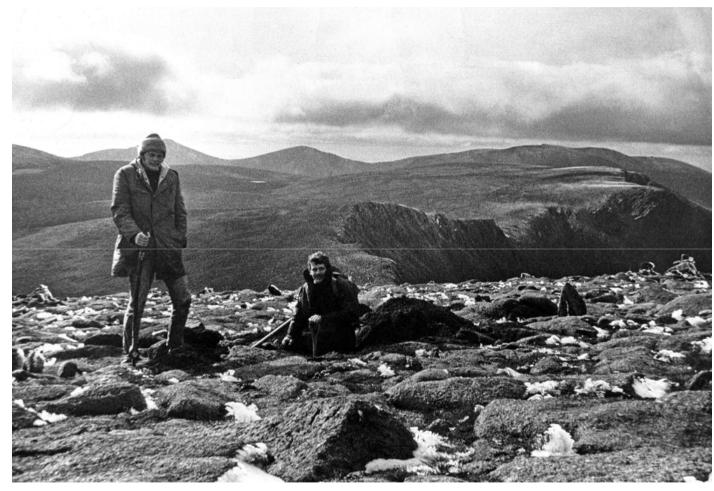
- Misuse
- Overuse
- Contamination
- Lack of ground cover

Well-used soil can still be healthy!



What is unhealthy soil (III)?





This soil has low biological activity, poor structure and is very sensitive to disturbance – but it is not unhealthy!



Not all soils are allotment soils





Allotment soils are:

- Relatively managed
- Biologically altered
- Physically altered
- Chemically altered
- Moderate/high organic matter content
- Not shallow
- Very high productivity



A family tradition (I)



Nobby Elam
Allotment holder
Gardener
Distiller/winemaker



Jacqui (Mum)
Soil scientist
Gardener
Brewer & winemaker

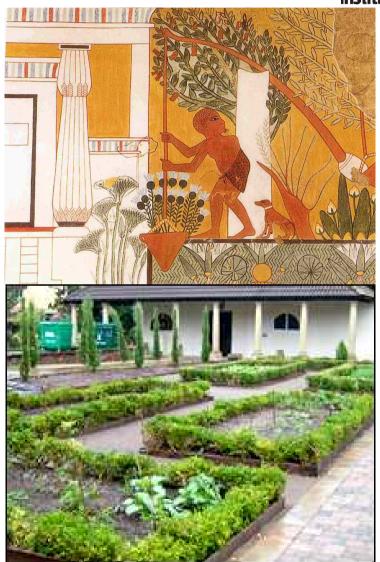




Are allotment soils normal?



- They are certainly not abnormal!
- Smallhold vegetable/fruit gardening is an ancient tradition
- Not a large area but greatly disproportionate food production





Is allotment management normal?





Scotland

- Some things haven't changed for centuries
- Similarities around the world





USA

Uganda



What are you doing right?







- Composting
- Encouraging pollinators
- Looking after the soil structure
- Crop rotation
- Discouraging invasive species



What are you doing wrong?







- Plastic sheeting
- Horse manure
- Constant potatoes
- Salting slugs
- Overweeding
- Lack of cover in winter
- Neeps!



A family tradition (II)





Me!

Soil scientist

- Strong on the theory
- A bit weak on the practice

Overenthusiastic allotment holder

 Maize doesn't really grow in Aberdeen (but tomatoes might)

Personal allotment traits

- Intercropping is good
- Weeds are not my enemy (but slugs and mice are!)
- Plant early and pray!Pickler



What can you do?



- Encourage (most) of the soil life
- Mix it up
- Intercropping
- Permanent borders
- Allow a little chaos







What should you avoid?



Compaction
Erosion
Repeating crops
Overworking the soil
Over-tillage



A family tradition (III)





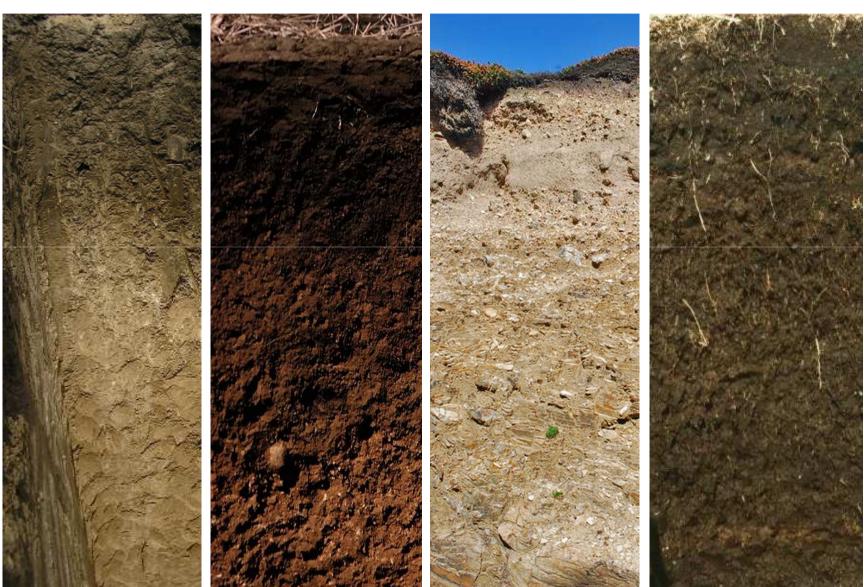
Sprog
"What can I plant?"
"What can I pick?"
Weeding is not an option
Allotment socialite





Not all soils are the same

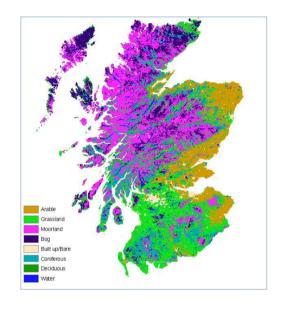




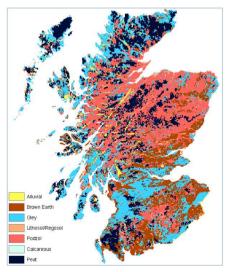


Know your soil

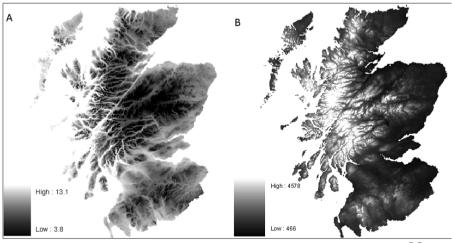








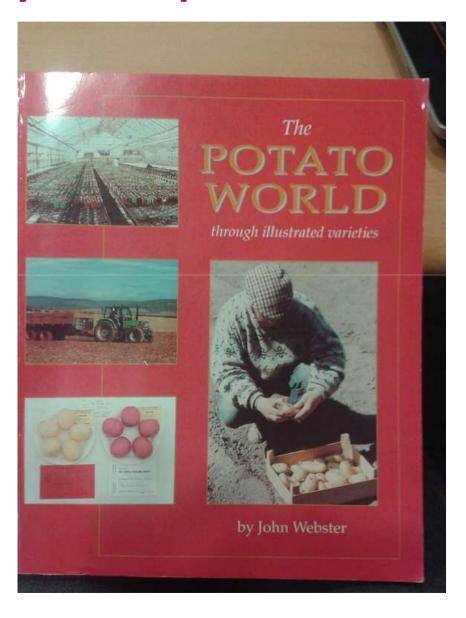
Slope
Land cover
Parent material
Climate
Soil type





Know your crops









- Me (<u>matt.aitkenhead@hutton.ac.uk</u>)!
- Scotland's Rural College (SRUC)
- Scottish Environmental Protection Agency (SEPA)
- Scottish Natural Heritage (SNH)
- Soil Association Scotland
- The James Hutton Institute (JHI)



What's family got to do with it?







- Give me a child until they are seven and I'll give you back a soil scientist
- Fun = interest
- Kids eat fresh produce (shock!)
- Soil is not exciting but the wildlife is





What can we fix?

- Obesity
- Lack of outdoors activity/fresh air
- Increase in allergies
- Disconnect with food sourcing
- Lack of preparedness for the zombie apocalypse





Thank you!



